



FOR IMMEDIATE RELEASE

Women Solve Seeks Support for "Empowering Excellence: Navigating Microaggressions with Confidence" Initiative

Frederick, MD – February 9, 2024 – Women Solve is proud to propose an innovative initiative designed to nurture inclusive educational environments through "Empowering Excellence: Navigating Microaggressions with Confidence." This proposed workshop series is created to empower Black students by equipping them with the knowledge and tools to recognize microaggressions, assert their feelings, and advocate for themselves without diminishing their experiences.

About the Proposed Program

"Empowering Excellence" is envisioned as a dynamic workshop series and curriculum that is in the planning stages by Women Solve. Intended to be facilitated by experts in psychology, education, and social justice, the program seeks to:

- **Educate on Microaggressions:** Help students identify microaggressions in various settings, emphasizing the importance of acknowledging and validating their experiences.
- **Support Emotional Processing:** Offer strategies for students to process microaggressions without internalizing negativity, fostering emotional resilience.
- **Develop Advocacy Skills:** Teach students effective ways to assertively communicate their experiences and stand up against microaggressions.
- **Improve Self-Confidence:** Encourage students to maintain a positive self-image and confidence, reinforcing their right to dignity and respect.

Funding Appeal

To bring this vision to fruition, Women Solve is actively seeking funding and collaborative partnerships. Adequate funding is critical for the development and implementation of this impactful program, which endeavors to serve as a resource for students to navigate the challenges of microaggressions with confidence and self-assurance. "By equipping students to identify and articulate their experiences with microaggressions, we're fostering an environment where self-awareness and advocacy take precedence over silent endurance. This initiative is about amplifying voices and ensuring that Black students can confidently navigate their spaces without compromising their integrity," says Desiree Tucker, Executive Director of Women Solve.

How to Support

Your contribution can play a significant role in bringing this essential program to life. Funding will facilitate the detailed planning, development of curriculum materials, and the delivery of workshops to students. We invite you to join us in this pivotal work to positively impact the educational experiences of Black students.

For those interested in exploring the importance of addressing microaggressions within educational settings, we recommend the "Raising Joyful and Resilient Black Children Podcast" episode, where Ms. Tucker was a special guest, [Building Resilience: Supporting Black Youth in the Face of Microaggressions](#).

About Women Solve: Women Solve is dedicated to empowering women and advocating for social justice through innovative solutions, advocacy, and community engagement. The organization strives to harness the

diverse talents of women in addressing community challenges, fostering positive change, and creating a more equitable and inclusive world.

Media Contact:

Desiree Tucker

Executive Director

Women Solve

desiree.tucker@womensolve.org